

ResQUp®

Methods for Use

The ResQUp is intended for the specific purpose of making it possible for an individual to negotiate their way up to a chair height (generally ~18 inches). One of three methods usually works for most people. All three methods require minimal or no additional assistance from a caregiver;

- 1) pushing themselves up using their hands (*Illustration A*),
- 2) pushing themselves up using their elbows and legs (*Illustration B*), or
- 3) climbing up on their hands and knees (*Illustration C*).

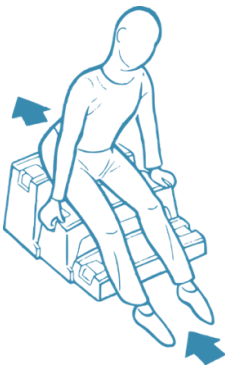


Illustration A

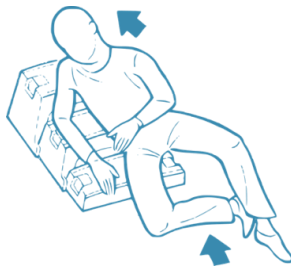


Illustration B

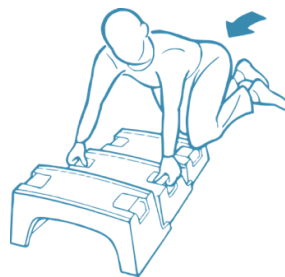


Illustration C



Illustration D

If you do not have sufficient upper body strength, you may not be able to lift yourself a height of 4½" to the first level. In this case, you will need additional assistance from a caregiver.

Physical Therapists significantly improve mobility to perform daily activities. Please consult a physical therapist or qualified healthcare professional if you have any questions about whether the ResQUp is an appropriate device for you to use.

⚠ CAUTION

- The ResQUp SHOULD NOT be utilized if the fallen individual reports pain or if any injury is suspected. The ResQUp is designed to assist those with a NON-TRAUMATIC fall only.
- If any injury to the fallen is suspected, call 911 at the in-home setting. At the healthcare setting, the fallen should be attended and assessed per the facility's healthcare policy or procedure.
- The maximum patient weight limit of the is 300 lbs. Exceeding this limit may cause collapse of the unit and possible injury.
- The ResQUp IS NOT intended to be used as a foot stool, or to be stood upon (*Illustration D* above). **Doing so may result in a fall and injury!**